

COUN7513 : Advanced Play Therapy Techniques and Practice II

Students will learn the basic skills necessary to use the play interventions of expressive/art therapy, puppetry, and dramatic role play. This course will teach students how to best utilize expressive art techniques to reduce anxiety, develop rapport, capture attention, create and intensify moods, and communicate feelings. Puppet play allows young clients to displace their feelings about significant others onto the puppets, allowing for more self-expression in describing events and situations that may be problematic. Drama, in counseling, involves spontaneous, highly personalized improvisation that encourages safe expressions of strong feelings, both positive and negative, allowing clients to learn from externalizing an experience. **Fee:** Additional fee required.

Credits 1

Fees

\$50