

COUN7550 : PCBH: Brief Interventions

This is an experiential course that will prepare students to provide effective and brief interventions to clients/patients with a variety of presenting complaints using evidence based and empirically supported interventions and relational skills. This knowledge and skill will prepare students for work in Primary Care and other clinical settings that utilize brief and ultra-brief interventions or time restrictions. The training offered is derived from the PCBH model, Motivational Interviewing, Focused Acceptance and Commitment Therapy, and Ultra-Brief Cognitive and Behavioral Interventions. In addition, we will explore the efficacy and utility of single-session therapy. **Fee:** Additional fee required.

Credits 2

Fees

\$50