

# SOWK7564 : Behavioral Health in Primary Care and Community Practice

This course is designed for individuals interested in working in integrative organizations and agencies, providing social services support. This course is centered around the Integration of Behavioral Health in Primary Care and includes elements and competencies necessary to provide integrated care in multiple settings. By understanding a unique and innovative approach to behavioral health care delivery in primary care clinics, students should be able to apply similar concepts across social work field settings. The course is designed to expose students to the continuum of integrated practice and ideas related to interdisciplinary teams. It will focus primarily upon the Primary Care Behavioral Health model (PCBH). The PCBH Model focuses on evidence-based behavioral health interventions that address all issues across the lifespan. These issues range from prevention strategies, treatment and management of acute and chronic health conditions, functional improvement, and better quality of life. It will also integrate ideas of implementation of behavioral health integration in a variety of other social work settings. The focus will also include the enhancement of student proficiency in applying Motivational Interviewing, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, and DBT.

**Credits** 2