

## SOWK7619 : Play Therapy

The Play Therapy course serves as a supplemental course for students in the Clinical Mental Health and Addictions track. It is designed to introduce students to the world of play therapy and provide a foundation for continued education in the use of play when working with children, adolescents and their families. Play therapy is also helpful to adults especially those with developmental disabilities. It will give students a basic understanding of play therapy theories, concepts, techniques, as well as introduce them to the founders of play therapy.

**Credits** 2