

# Emphasis: Trauma, Grief, and Crisis

## Degree Type

Emphasis

The Trauma, Grief, and Crisis specialization prepares students with more clinical depth in the capacity to counsel individuals through trauma, complicated bereavement, and crisis. Students will study transpersonal and psychodynamic interventions specifically focused on the treatment of childhood trauma, sexual abuse, developmental wounds, and attachment disorders. This emphasis area includes a strong focus on the theory and application of IFS (Internal Family Systems) Therapy, a powerful, evidence-based trauma-focused intervention.

## Required Courses

Item #	Title	Credits
COUN7583	Advanced Interventions in Trauma Counseling: Internal Family Systems	2
COUN7584	Grief Counseling	2

Complete any of the following courses for a total of two (2) credits

Item #	Title	Credits
COUN7509	Trauma Informed Play Therapy Applications and Techniques	1
COUN7585	Disordered Eating Behaviors and Underlying Trauma	1
COUN7586	The Traumatized Couple	1
COUN7587	Internal Family Systems (IFS) Continued Skill Development	1
<b>Total Credits</b>		<b>6</b>