

## KINE1030 : Lifetime Sport Activities

Introductory skill, rules and play of a selected activity such as: archery, backpacking, badminton, bowling, golf, racquetball, rock climbing, soccer, softball, swimming (beginning), tennis, weight training, and volleyball (beginning and intermediate). This course fulfills the general education KINE activity requirement. May be repeated for elective credit but not for general education credit. Additional fee may be required.

**Credits** 1