

COUN7506 : The Use of Art Expression in Play Therapy

This course is designed to assist students in gaining a higher comfort level with the use of art expression in play therapy. Focus is on developing a basic understanding of the use of art to assist clients in developing more intrapersonal awareness, meeting psychosocial and developmental goals or tasks, and to work through emotions. Students will learn the philosophy and rationale for utilizing art expressive techniques, become familiar with basic materials and techniques and gain skills that contribute to building rapport in a play therapy session. **Fee:** Additional fee required.

Credits 1

Fees

\$50