

# PPSY6533 : Family Systems Theory and Interventions

This course is an introduction to the history and application of family systems therapy and the broad range of family theories that have been used within the tradition of family treatment. The students will be able to identify and understand assessment techniques, intervention strategies, and resources needed in order to support families as they look through the lens of theory. Unique family characteristics, such as ethnic and cultural considerations, will also be reviewed to highlight the diversity that exists within families.

**Credits** 3