

# PPSY7507 : Basic Skills of Child-Centered Play Psychotherapy

This course is an introduction to child-centered play therapy. The course will give an overview of the history and development of child-centered play therapy. It will present current techniques as well as the current research being done to demonstrate their relevance to the practice of play therapy with children and their families. The course will demonstrate the basic skills necessary to prepare a playroom and how to facilitate parent consultations. Students will be instructed how to structure a play session and approach issues from a child-centered play therapy perspective.

**Credits** 1